

“CONFESS YOUR SINS TO ONE ANOTHER?”

Authentic Relationships #7

May 23, 2021

If they have sinned, they will be forgiven. Therefore confess your sins to one another and pray for each other so that you may be healed. James 5:15b-16a

Understanding the Challenge: *And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven.¹⁶ Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective. James 5:15-16*

- **“Sick” does not refer to _____ illness but to _____ weakness.** *And the prayer offered in faith will make the sick person well... James 5:15a*
- **Sin that is confessed will be _____ by the Lord.** *... If they have sinned, they will be forgiven. James 5:15b*
- **“Healed” is a word often translated as “_____”.** *Therefore confess your sins to each other and pray for each other so that you may be healed. Hebrews 5:16a*
- **Therefore, confess your sins to one another.** *Therefore confess your sins to each other and pray for each other so that you may be healed. Hebrews 5:16a*

Living out the Challenge:

- 1. Remember that confessing our sins to one another is not natural to our sinful nature.** *Then the man and his wife heard the sound of the LORD God as he was walking in the garden in the cool of the day, and they hid from the LORD God among the trees of the garden. Genesis 3:8*
- 2. The power of publicly confessing our sins is...**
 - **Experiencing God’s _____!** *Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective. James 5:15-16*
 - **Restoring deep and _____ community!** *But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin. 1 John 1:7*
- 3. Seek out a mature group of Christians with whom you can _____ your _____.** *Whoever goes about slandering reveals secrets, but he who is trustworthy in spirit keeps a thing covered. Proverbs 11:13*

THE JOURNEY DEVOTIONAL
May 23rd, 2021 Week
Discussion Questions from the Sermon

1. What was something you read in the weekly Scripture passages or heard in the sermon that made an impact on you? Explain.
2. Why do you think so few people ever confess their sins to others? If you have done this, what were the benefits and pitfalls?
3. In the sermon we talked about the blessings and power that come from confessing our sins to others. What are these? What would you add to this list?
4. List one or more people with whom you could safely share your deepest secrets. What is unique about these people?
5. Read 2 Samuel 11 and 12. How does Nathan play a role in David's confession? In what ways did this help David? What risks was Nathan taking?
6. What is one specific way you can apply the biblical readings and/or the sermon in your life this week? That is, what will you do and when will you do it?

Weekly Bible Memory Verse: *Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.* James 5:16

Bible Readings: Reading these passages of Scripture will help you become like Jesus in how you think and what you do, in addition to preparing you for next week's sermon. Remember to read these passages slowly, allowing the Lord to speak to your heart and mind:

Monday – 1 Thessalonians 5:1-11

Tuesday – James 3:1-12

Wednesday – Proverbs 10

Thursday – Proverbs 15

Friday – Hebrews 10:19-39

Saturday – James 2:14-26

Sunday – Hebrews 3:7-19